

EDUCATION • PHYSICAL THERAPY

MARATHON

Center for Women's Health

MENTAL HEALTH • WELLNESS

"Keeping you well
throughout the RACE of
life."



MARATHON MOMS SUPPORT GROUP

6-week support group for moms and babies
at the Norwood clinic!

DATE & TIME: Thursday afternoons,
October 14-November 18th
1:00-2:30 PM

WHERE: 99 Vanderbilt Ave.
Norwood, MA 02062

SIGN UP: call the Newton front desk
(617) 244-1990

COST: \$150 for six week program

Led by a licensed social worker, these groups are for the therapeutic benefit of postpartum women. In addition to sharing challenges and successes in a confidential, supportive environment, there will be songs, exercises for mom and baby and time for babies to interact.

www.marathonphysicaltherapy.com