

EDUCATION • PHYSICAL THERAPY

# MARATHON

Center for Women's Health

MENTAL HEALTH • WELLNESS

"Keeping you well  
throughout the RACE of  
life."



## WOMEN'S HEALTH GROUPS

### pelvic floor dysfunction support groups

**NORWOOD:** Tuesdays, September 21 - November 2  
(7 weeks) 6:30-8:00 PM

**NEWTON:** Wednesdays, September 22 - December  
15 (15 weeks) 6:30-8:00 PM

**SIGN UP:** call the Newton front desk  
(617) 244-1990

Led by a licensed social worker with support from Marathon's physical therapists, these groups are for the therapeutic benefit of postpartum women and women with pelvic floor dysfunction.

**COST:** \$25/session or \$20/session if paid in advance

Marathon is currently in-process with several major insurers to be able to provide group sessions and one-on-one counseling in-network with your insurance. If you would like for us to inquire with your insurer regarding our status with your plan, please inform the Newton front desk

[www.marathonphysicaltherapy.com](http://www.marathonphysicaltherapy.com)